

'Improving Wellbeing through Urban Nature? Research into Practice'
 Hamilton House Conference Centre, Mabledon Place, London, WC1H 9BD
Wednesday 1st May 2018

Programme

Time	Topic	Speaker
10:30	Tea and coffee/registration	
11:00	Welcome and Introduction	Anna Jorgensen
11:05	Urban Nature and Me	David Lindo The Urban Birder
11:30	An Introduction to IWUN	Anna Jorgensen
11:45	Messages and methods: the key findings from our research	Chair: Nicola Dempsey Jo Birch Paul Brindley David Sheffield
12:25	Coffee	
12:35	What our research findings mean in practice	Chair: Clare Rishbeth Nicola Dempsey Julian Dobson John Henneberry
13:00	Lunch	
14:00	A Mental Health Perspective	Norman Lamb
14:20	Panel Discussion: Priorities and actions for nature-connections and wellbeing Catherine Max - Independent consultant working to improve health & reduce inequalities through social & environmental sustainability Hardip Begol - Director at Ministry of Housing, Communities & Local Government. Clare Oliver - Programmes Manager, The Mersey Forest Andy Bell - Deputy Chief Executive, Centre for Mental Health Rachel Stancliffe –Centre for Sustainable Healthcare	Anna Jorgensen (Facilitator)
15:15	IWUN – a vision for the future	Anna Jorgensen
15:30	Close	